

TRIBUTE RUN FOR GEORGE
SATURDAY 10th NOVEMBER 2007 at 2pm
TINTO HILL RACE



In memory of George Murdoch we are encouraging all of our club members to come along to the Tinto Hill Race which takes place at 2pm on Saturday 10th November in Symington near Biggar.

This popular hill race is 4.4 miles (1500 ft) and whether you wish to race it, jog it or walk it we ask you to come along and take part. Entry (£3) is on the day at the Sports Club, Symington.

This hill race is the final event in our Hill Running Grand Prix and George had planned to promote this race as an ideal event for club members to try as an induction to hill running. So for those of you who still have yet to do a “proper” hill race (like me) this is an ideal opportunity to give it a bash and let’s have everyone reaching for their shades as Tinto Hill is dazzled into submission with all our orange and green vests!

Symington is 48 miles south of Dunfermline and is near to Biggar. Travel across the Forth Road Bridge and onto the Edinburgh City bypass and then south onto the A702 towards Biggar. If you wish to car share then please meet at Dunfermline Academy of Sport at 11am.

I hope to see you all at Tinto and let’s do George proud!

**Pauline Walker
Club President**